



# FAMILY FIRST SENIOR CARE PROFILE SHEET

## HOW TO CONTACT US

Family First Senior Care  
300 North Argonne Road, Suite 204  
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Website: [www.FamilyFirstSeniorCare.com](http://www.FamilyFirstSeniorCare.com)

## SERVICES PROVIDED

- Personal Care and Medication Reminders
- Light Housework
- Meal Preparation
- Errands and Transportation
- And Much More

## WHO WE ARE

We provide non-medical, in-home care for seniors who wish to remain independent in their own residence and have been doing so with pride since 2005. We offer complimentary in-residence assessments by a registered nurse and are always happy to visit with family when preparing care plans and to answer questions.

All caregivers are thoroughly screened, bonded, and insured; in addition, Family First Senior Care is licensed with the Washington State Department of Health.

## COVERAGE AREA

Spokane, Stevens, Adams, Whitman, Lincoln and Pend Oreille counties

## THE FAMILY FIRST EXPERIENCE – OUR COMMITMENT TO YOU!

**Our Guarantee, No Senior Left Behind, 24/7 on-call support.** We guarantee a one-hour response for calls placed after hours or you receive two hours of free service; Family First Senior Care wants you to know support is there 24/7, 365 days a year.

After hour times start at 4:30 p.m. and includes weekends and holidays.

**Call for a complimentary assessment >>> 509.326.5525**



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## WELCOME HOME – COMPANION CARE SERVICE

Take the worry out of who will take care of you upon discharge from the hospital. Let our professionally trained caregivers from Family First Senior Care assist you in getting home, and getting comfortably and confidently settled back into your residence. Home is where the heart is...**Let us help you get there AND stay there.**

Our Welcome Home service will assist you with non-medical transportation home from the hospital, day surgery, rehab, or doctor visits. We then work hard to make sure you are comfortable, well taken care of and safe.

Our mission is to make it possible for seniors to live confidently and age gracefully in their own homes. We assist our clients and families with many tasks, so they can live meaningful and dignified lives.

## REST EASY – COMPANION CARE SERVICE

With concern about how to facilitate care for loved ones while they sleep, we at Family First Senior Care provide a 10-hour sleepover shift. During the shift, we will make sure your loved one gets to bed safely, has assistance with toileting during the night, and is bathed and dressed with breakfast on the table in the morning!

## SAFESENIOR PROGRAM

The SafeSenior system is designed to help seniors and provide peace of mind for their families. SafeSenior is an automated and interactive service that places daily calls to check on the well being of a senior and notifies a designated contact person if they are in need of assistance.

SafeSenior also offers a medication reminder service that can be programmed to call a senior and remind them to take their specific medications at the prescribed times.

When you can't be there and when peace of mind matters, SafeSenior is the answer!

## WELCOME HOME RATE AND SERVICES

### Services Provided

- 4 hours of Exceptional Care
- Transportation Home, if requested
- Light Laundry and Change Linens
- Light Housekeeping, Tidy Kitchen and Bath
- Meal Preparation
- Medication Reminders
- Companionship

Our service is available for \$100 for the initial 4-hour assignment. Our caregivers are also available for additional services after this time. Let us help you enhance the quality of your life by assisting with the things that aren't as easy as they used to be!

## REST EASY RATE AND SERVICES

### Services Provided

- 10-hour period      \$170 per night

Services included but are not limited to Meal Preparation, Medication Reminders, Bathing and Toileting assistance.

Rate assumes caregiver has a 6-8 hour sleep period

## SAFESENIOR RATE AND SERVICES

### Services Provided

- Well-being calls

Random **or**

Once daily, twice daily, or three times daily.

- Medication reminders

Once daily, twice daily, or three times daily.

Our service is available for anyone in need. We offer one month of service at no charge; when you continue, your low monthly fee is \$8.95.

Assurance is guaranteed, if your loved one does not respond to a call, we will call as well as send an email to alert you.

Bundle discounts are available with our other services. Please call us today at 509-326-5525 to schedule an enrollment time.



**Call for a complimentary  
assessment today!  
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